



Kiwanis Club of the

FOOTHILLS

Club Website: www.foothillskiwanis.org
Meetings: Every Monday at 7:00 a.m. at the Spice of Life Event Center, 5706 Arapahoe Ave., Boulder CO

Aug. 5, 2013

Coming up . . .

8/5/13 – 7:15 a.m. Club meeting at Boulder Attention Homes which includes continental breakfast, talk, and tour of their new facility at 3080 N. Broadway, Boulder

8/12/13 – Polly McDonald, "History of Whittier Elementary School in Boulder", and Angela Murphy, "Boulder MS Walk"

8/19/13 – Mary Schweitzer, "Scenes of the Baltic Capitol Cities"

8/26/13 – Jan Arney, Partners in Parenting - Haiti, "Helping Haiti Earthquake Orphans"

9/2/13 – Labor Day (no club meeting)

9/5/13 7:00 a.m. Foothills Board meeting at The Egg & I (Basemar Shopping Center)

9/9/13 – Preethi Burkholder, "Women who Changed the World"

Program Chairpersons:

August – Kerry Hassler

September -- Open

Snippets from Recent Club Programs

July 22 – Valerie Solheim, "The Beehive Effect: Ancient Rites - Quantum Principles"

Valarie spoke to our club about the investigation she's done to improve the keeping bees and their hives healthy by creating "earth energy-rich zones" using metal rings of various sizes. Protecting bees is becoming increasingly important with the reported loss of between 10-20 percent of hives the last several years, resulting in lower production levels for corn, fruits, and other agricultural products. Some of this is due to overuse of pesticides to kill various insects, rather than to focus on the root cause of the problem (such as undernourished crops and trees. Valarie sells "hive protection" kits to beekeepers to protect hives from bee viruses. For more information on Valerie's work, see -- <http://healingbees.org>



July 29 – Dr. Fungchatou Lo, Missionary to Cambodia

Shown in the photo between co-pastor Narit Phan and Kiwanis program host Bob Mohling, Dr. Lo, (a pastor and missionary based in Phnom Phen, Cambodia), spoke to our club about the many programs he and his church in Phnom Phen have organized to help needy Cambodians, including:

- Angel Dormitory – Provides Christian education and vocational training for up to 50 Cambodian students
- Helping Hands – Provides school supplies/uniforms to needy students
- Scholarship Fund – Helps orphans and needy students complete post-high school education for \$150-\$240 per year.
- Annual Youth Conference – Brings many young people together to build hope in this country haunted by the atrocities of the early 70's Communist dictator Pol Pot
- Community Health Education – Building public toilets and teaching basic sanitation practices such as washing hands before eating.

Dr. Lo also talked about the problems with corruption at all levels of Cambodian government, and the continued shortage of competent doctors, dentists, lawyers, and other professions murdered during the Poi Pot regime. However, the use of technology is rapidly increasing with widespread use of cellphones and the Internet.

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President

Adam Pauluhn

Past President

Gary Symes

President-Elect

(Open)

Secretary

Dennis Hubbard

Treasurer

Jerry Gilland

Board of Directors

Paul Bailey

Rudi Baumann

Allison DeYoung

Bob Mohling

David Petrick

Pete Sprenkle

Gary Symes

KIWANIS: Serving the Children of the World

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Dr. Lo immigrated to the U.S. after his family fled from Laos to Thailand in the 1980's. He earned bachelors and master's degrees in social work, and a doctorate in Urban Studies, the University of Wisconsin. He was ordained at Concordia Seminary in St. Louis. To donate to Dr. Lo's many ministries, go to -- www.lcms.org/lo.

Donations Needed for "Crayons to Calculators" Backpacks

Although the "Crayons to Calculators" volunteer opportunities to fill backpacks ended early on July 26, donations are urgently needed for school supplies for another 1,000 backpacks by **Wednesday, August 7**. To meet this need, donate on-line at -- <http://crayonstocalculators.org/products-page>. Some examples of what you can donate to are \$10 for 250 pencils, \$20 for 20 boxes of crayons, \$40 for 4 scientific calculators, \$60 for one full backpack, and \$90 for a graphing calculator. Thanks for helping needy schools kids in our local schools!

Notes from August 1 Foothills Board and Boulder Foundation Board Gathering (no official meetings)

On August 1 starting at 7:00 a.m. at the "Egg & I" in the Basemar Shopping Center, a Foothills Kiwanis Board and Foothills Boulder Foundation Board "gathering" was held, attended by President Adam Pauluhn, Treasurer Jerry Gilland, and Board members Allison DeYoung and Paul Bailey. Due to the low attendance, neither of the Board meetings was called to order. Following are a few notes of several items brought up during this gathering --

- John Shoaf requested a 3-week LOA, and Gary Symes has requested a 6-month LOA. Also, Kerry Hassler requested a 3-month LOA from September 9 to November 18 when he will be working on non-profit's projects in Thailand, Cambodia, Japan, and Kenya.
- As discussed during the July 3 Foothills Board meeting to especially improve tracking of our Spice of Life payments, Gilland will switch our club's General Account and Boulder Foundation funds from the CU Credit Union to Wells Fargo to show same-day updates for transactions.
- Allison DeYoung brought documents to transfer our club's Boulder Foundation investment account from Morgan Stanley to Higgins/DeYoung. These documents will be signed by Secretary Hubbard upon his return from vacation and submitted for final processing by Allison this month.

President Adam will be using email (or possibly will call a special Foothills Kiwanis and Foothills Foundation Board meetings) to take Board votes on various items before the next Board meetings to be held on Thursday, September 5.

How to Request a Donation from our Foundation

A reminder that any member of our Foothills Kiwanis Club can request a donation (typically \$200) from our club's Foundation to support a worthy organization or individual learned about through a club program or otherwise. To make such a request --

- Go to our club website at -- www.foothillskiwanis.org

- Click on the "Submit request to Foothills Kiwanis Donations Committee" link
- Enter your name and password for club members (send an email to Kerry if you don't know it), then click the "Login" button at the bottom
- Enter your name and email-address on the next page
- Fill in the "Summary of your request" section to explain why a donation from our Foundation should be given to an organization or individual, making sure to include the **full mail address** of where the donation (if approved) should be mailed
- Click on "Submit donation request" button at the bottom. Your donation request will be sent to members of the Foothills Kiwanis Donation Committee for their review and possible approval before the next Foothills Foundation Board meeting. If you have any questions about the above process, send an email to Kerry at -- ierryhassler@comcast.net.

Rocky Mountain District Annual Convention in Cheyenne

It's **not too late** to sign up for 2013 RMD Annual Convention in Cheyenne from **Thursday, August 8 through Sunday, August 11**. To register on-line (\$10 paid by our club), go to -- www.rmdkiwanis.com/public_district/pub_Content.aspx?PageID=636, and click on the "On-Line Registration" link. Or you can call -- 303-462-5148 -- or 866-462-5148 -- to register by phone via credit card. Our club will pay for the Interclub Lunch, but members must pay for other meals and travel costs. Hotel arrangements can be made at the Little America Hotel, 2800 West Lincolnway, Cheyenne (call 800-445-6945). The general schedule for the convention is --

- Thursday, August 8
 - Benefit golf tournament at Warren Air Force Base
 - 1:00-5:00 p.m. -- Club leadership training
- Friday, August 9
 - 8:00-9:00 a.m. -- Opening session breakfast
 - 9:15-10:15 a.m.-- Educational sessions
 - 10:30-11:45 a.m. -- Educational sessions
 - 12:00 – 1:15 RMD Foundation Luncheon
 - 2:00-3:00 p.m.-- Educational sessions
 - 3:15-4:15 a.m. -- Educational sessions
 - Friday Fun Night -- Take a round-trip ride on the Terry Bison Ranch Railway through the bison herds. Train arrives back at the ranch for Dinner and entertainment. Train leaves at 6:30 p.m. Dinner will be served at 7:30 p.m.
- Saturday, August 10
 - 8:00-9:00 a.m. -- "Meet the Candidates" breakfast
 - 9:15-10:15 a.m.-- Educational sessions
 - 10:30-11:45 a.m. -- Educational sessions
 - 12:00-1:15 a.m. -- RMD Interclub Luncheon
 - 2:00-2:45 a.m. -- District Caucuses
 - 3:00-5:00 a.m. -- House of Delegates voting
 - 7:00-10:00 a.m. -- Governor's Banquet (with entertainment)
- Sunday, August 11
 - 8:00 a.m. noon -- RMD Board Meeting
 - 8:00 a.m. noon -- Club President training