



Kiwanis Club of the Foothills

Club Website: www.foothillskiwanis.org
Meetings: Every Monday at 7:00 a.m. at the Spice of Life Event Center, 5706 Arapahoe Ave., Boulder CO

May 21, 2012

Coming up . . .

5/21/12 Linda Lappe, CU Women's Basketball Coach

5/28/12 6:00 a.m. (No club meeting) Boulder Boulder Starting-Line Project on 30th Street

6/4/12 Monarch HS Key Club leaders, "2011-2012 Monarch Key Club Projects"

6/11/12 (no club meeting) Foothills "Dog Days at Lake Valley" Benefit Golf Tourney

6/18/12 Jessica Shannon, Mental Health Partners non-profit based in Longmont

6/25/12 Bob Mohling, Fred McGehan, and Kerry Hassler, "Kiwanis Membership"

Program Chairpersons:

May – Bob Mohling

June – Kerry Hassler

July – Mary Schweitzer

Snippets from Recent Club Programs

April 23 - Mark Lopez, Friends First (Promoting Healthy Lifestyles)

Mark spoke to our club about the Friends First organization's "Students Teach About Relationships and Success" (STARS) mentoring program that helps teens in junior high and high school to understand the benefits of –

- Having health relationships and positive communications with family and friends;
- Learning "refusal skills" and setting boundaries; and
- Avoiding high-risk activities such as having sex and doing drugs.

This program operates through buy-in from school administrators to hold one- or two-day mentoring courses for "border-line kids", who then in turn serve as mentors to their fellow peers or students in lower grade-levels. Friends First also holds an annual STARS National Conference in Ft. Collins (coordinated by Mark) that attracts students from over 40 states. Schools that have adopted the STARS program report a marked increase in student grades, attendance, and good behavior. "Quinceanera" is another Friends First program that promotes youth and development and healthy relationship to Hispanic youth from 11-15 and their parents. To help parents to enforce to their kids the teachings of the STARS mentors, Friends First holds parent education seminars. The STARS program is being used in the St. Vrain school system, but not by Boulder Valley schools. The Friends First organization was started in 1993 in Longmont. It currently involves over 18,000 students in 46 states in its programs. For further info, see -- www.friendsfirst.org, or send an email to Mark at – mlopez@friendsfirst.org.



April 30 - Nia Wassink, Blue Sky Bridge

Nia Wassink spoke to our club about Blue Sky Bridge and its mission in Boulder County. Nia received her Bachelor's degree from the University of Michigan and a Master of Non-Profit Management from Regis University in Denver. Blue Sky Bridge is a child advocacy center founded in 1995 that provides forensic services, counseling and other support services to children for whom abuse or neglect is reported. Blue Sky Bridge works with the local DA's office, law enforcement agencies and non-offending family members through investigation and prosecution of suspected child abuse cases. Statistics show that the percentage of children abused before the age of 18 could be higher than 25% and Blue Sky Bridge has helped over 7,000 Boulder County children and their families since it opened its doors. Nia helps with fund raising, writing grants, and budgeting for the organization. In addition, she oversees the very successful school-based prevention education program.



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KIWANIS: Serving the Children of the World

Bolder Boulder Starting-Line Fundraiser

-- By Dave Rogers/Bob Mohling (Bolder Boulder Starting-Line Project Leaders)

We currently have 27 Foothills Kiwanis members, Monarch Key Club members, and friends who will be working the starting line of the Bolder Boulder race on Memorial Day. Our volunteers will be assigned to Starting Line #2 – Wave Check with John. We should plan to meet 6:00 am at the Volunteer Check-in Tent in the Pets Mart parking lot on the S.E. corner of 30th and Walnut. Our shift duration is 6:00 - 9:30 am on Monday, May 28. It is suggested that we dress appropriately to be outdoors the entire time; e.g., caps, sunglasses, and sun screen. Wear your volunteer t-shirt and comfortable shoes. Your t-shirts will be handed out to you either at this morning's meeting or at the starting line by Dave Rogers. Plan to arrive early as parking may be hard to find in the busy start line area. Consider carpools or bicycling to the start line. If you have questions, please call Dave at 303-499-9839 or Bob at 720-201-0842. Thanks for helping at our fundraiser for the club.

Dog Days at Lake Valley

-- By Bob Mohling Golf Committee Member

Our golf tournament at Lake Valley Golf Club is scheduled to begin with sign in at 7:00 am and tee off at 8:00 am on Monday June 11, 2012. The tournament date is coming up soon and there are many action items that need to be accomplished. The Golf Committee requests that you volunteer to help at the event; Jerry has a signup sheet with a few open positions that need to be filled yet. Our full payment for the event is due to Lake Valley on June 4. The Committee requests that all player names and sponsor signs be submitted no later than Friday, June 8. Please give sponsor and player checks to Jerry. We need additional golfers so please help us obtain more players for the tournament. If you have questions, please contact Jerry at 303-494-8009, Dave at 303-499-9839, or Bob at 720-201-0842.

Bullying: Why Can't We Stop It?

You may know the names from news reports. You may even know their individual stories. Each is different; yet each is the same.

- Carl Joseph Walker-Hoover, 11 years old: April 6, 2009
- Megan Taylor Meier, 13 years old: October 17, 2006
- Phoebe Prince, 15 years old: January 14, 2010
- Tyler Clementi, 18 years old: September 22, 2010

The dates are not birthdays to be celebrated. No, they are in fact the days Carl, Megan, Phoebe and Tyler took their lives. They are days to be mourned—not only by their families and friends so tragically affected but also by their communities and by society at large. The suicides of these young people—these children—are linked directly to bullying from their peers. Read the rest of the story from the April 2012 Kiwanis magazine.

The Eliminate Project from Kiwanis Magazine

Kiwanis International and UNICEF have joined forces to save the lives of babies and their mothers by eliminating maternal/neonatal tetanus (MNT), a disease that kills an estimated 60,000 newborns and a significant number of women each year. UNICEF Ambassador and actor Tea Leoni delivered the announcement at the 95th Annual Kiwanis International Convention.

“Kiwanis believes that no baby or mother should have to suffer the devastating effects of MNT,” said Kiwanis International President Paul Palazzolo. “Kiwanis will mobilize its nearly 600,000 family members to become tireless advocates for these children and raise needed funds to defeat this deadly disease.”



MNT is easily prevented by a series of three vaccinations to women of childbearing age, costing roughly US\$1.80. The Eliminate Project: Kiwanis eliminating maternal/neonatal tetanus will raise US\$110 million over the next five years to fill the funding gap required to provide an estimated 387 million doses of the vaccine.

The Eliminate Project will deliver life saving vaccines to the most vulnerable women and children in the world: those in remote and difficult to reach areas; conflict zones; and with little access to healthcare.

For additional information about The Eliminate Project, go to: www.TheEliminateProject.org.