



# Kiwanis Club of the FOOTHILLS

Club Website: [www.foothillskiwanis.org](http://www.foothillskiwanis.org)  
Meetings: Every Monday at 7:00 a.m. at the Spice of Life Event Center, 5706 Arapahoe Ave., Boulder CO

Oct. 25, 2010

## Coming up . . .

- 10/25/10** – President Joe Girard and Jerry Gilland, Foothills Club Project Ideas
- 11/1/10** – Linda Lappe, CU Women’s Basketball Head Coach
- 11/4/10 - 7:00 a.m.** – Foothills Board Meeting at Parkway Restaurant
- 11/8/10** – Kathy Adams, “Helping Children in Nicaragua”
- 11/15/10** – Open
- 11/22/10** – Captain Laura Fenton, Salvation Army Bell-Ringing Campaign
- 11/29/10** – Open

### Program Chairperson(s):

- October – Bob Mohling
- November – Open

## Snippets from Recent Club Programs

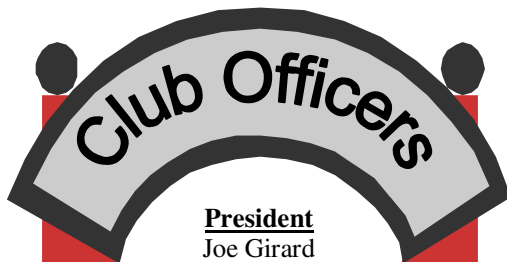
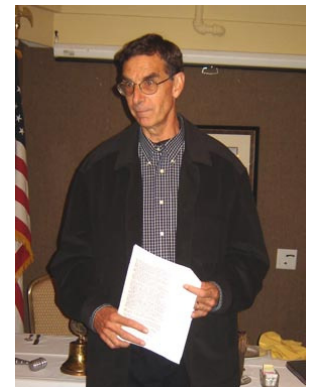
### October 11 - Lawrence Cerrillo, “Conflict Resolution”

Larry Cerrillo, formerly a Kiwanis member of the Blue Spruce Club, spoke to our club members about causes of conflict and how to handle it. Larry, a ground-water consultant, is formally trained in environmental and public policy dispute resolution, and has numerous certificates of study in dispute resolution including a Certificate of Advanced Study in Dispute Resolution from the University of Denver. As a mediator, Larry has worked on over 100 cases involving everything from “barking neighbors” to ground-water issues. He defined “conflict” as an expressed struggle between two independent parties. There are many causes of conflict (e.g., cultural, generational, religious, and political differences). Conflict can be handled by: avoidance, accommodation, competition, compromise, and collaboration. We can close the conflict gap by talking to each other, listening carefully, and keeping emotions at a low level. Thanks, Larry, for the good tips! (Info about Workshops, resources, and ideas is at - [www.conflictresolutionmonth.org](http://www.conflictresolutionmonth.org).)



### October 18 – Stephen Colby. “November Ballot Items and Process”

Stephen Colby talked to club members about the November 2 election ballot referendums and constitutional amendments to be voted on. Mr. Colby didn’t have any comments on Referendums P, Q, and R (bingo/raffles, emergency legislature move, and tax cut for ranchers). For state amendment proposals, he said in general since there are low requirements for placing them on the ballot, and they usually are involved with promoting some special-interest groups, the general rule is to vote “no” if you don’t have time to read about them in the “Election Bluebook”. Some of the main “tricks” in proposed amendments are: Amendment 60, would allow citizens to sue the government and get all of legal fees paid for; Amendment 61, tries to inhibit “certificates of participation” used by construction firms to get fund for state projects with unclear effects on how the state can get federal loans; and Amendment 101, would reduce state tax income by about \$2 billion with reductions to K-12 school funding, etc. He also talked about a Boulder city ballot item to change the current utilities franchise, where the city could offer Internet services if approved. Mr. Colby also said politicians need to cooperate on coming up with a plan to take state out of bankruptcy by reducing deficits, where extra revenue might be provided by increasing our low property taxes.



#### President

Joe Girard

#### President-Elect

Gary Symes

#### Secretary

Dennis Hubbard

#### Treasurer

Jerry Gilland

#### Board of Directors

Jim McDermid

Fred McGehan

Waverly Person

Dave Rogers

Mary Schweitzer

Pete Sprenkle

Gary Symes

Clarence Wood

*KIWANIS: Serving the Children of the World*

## CareConnect Fruit Basket Delivery on December 11

As Foothills Kiwanis has done have for many years as a project with the CareConnect (formerly RSVP) non-profit organization, members of our club will again help deliver Christmas fruit baskets to the needy and shut-ins of Boulder County this holiday season. Volunteers will meet on Saturday, December 11 at 9:30 a.m. at Calvary Bible Church (3245 Kalmia Avenue, Boulder) to pick up the baskets and deliver them to home addresses provided by Care Connect coordinators. As of our October 18 club meeting, a total of six club members have signed up, and more are welcome. Contact Fred McGehan if you'd like to also volunteer. (Note: For more information about CareConnect, see -- [www.careconnectbc.org](http://www.careconnectbc.org).)

## Foothills Salvation Army Bell-Ringing Campaign

This holiday season's Foothill Kiwanis Bell-Ringing Campaign will start on Friday, November 26 and continue through to Christmas Eve Friday, December 24. We'll again be focusing on bell-ringing at the Sunrise King Soopers (30<sup>th</sup> and Arapahoe) since there's almost a constant flow of shopper traffic during the day. This site is especially good for cold snowy days since volunteers can stand inside the south entrance foyer and use the "ding-dong sign" to attract Salvation Army donations. We'll also be ringing again at the Safeway in the Meadows Shopping Center at Baseline and Foothills Parkway, where volunteers will be able to stand inside the west foyer and ring a bell to attract donations. In Louisville, the bell-ringing site is uncertain since our previous bell-ringing location (Sam's Club) closed in January. Our Foothills website will be used for doing on-line sign-up by both Kiwanis and non-Kiwanis bell-ringing volunteers. Thanks for your support of this annual Foothills Kiwanis project on behalf of the Boulder County Salvation Army!



## Kiwanis Rocky Mountain District Invites You to Put Together "Kids Against Hunger" Food Packages

The Kiwanis Rocky Mountain District is inviting all Kiwanis members in the Boulder/Denver area to volunteer to help put together "Kids Against Hunger" food packages from 9-12 or 1-4 on Saturday, October 30 at the KAH warehouse (12386 Dumont in Littleton). You can sign up on-line at -- [www.kahdenver.com/component/seminar/](http://www.kahdenver.com/component/seminar/)



The revolutionary Kids Against Hunger food packages help significantly reduce the number of hungry children in the U.S., as well as to feed starving children throughout the world. This package has been developed by some of the world's leading food scientists at Cargill, Pillsbury, General Mills and ADM, with a cost per package of only 25 cents. The meal ingredients have been formulated to provide a rich source of easily digestible protein, carbohydrates, and vitamins needed by an undernourished child's body and mind. The food is also acceptable to the broad diversity of ethnic tastes and acceptable religious food types around the world. It offers all nine of the essential amino acids required for complete nutrition, something that can not be said for typical food relief sources such as rice or beans. It is also very simple to prepare, requiring 6 cups of boiling water to make a complete meal that serves six children and supplies all the vitamins and minerals they need for a day. Additionally, the bags are made with three-ply strength to be moisture- and odor-proof to prevent spoilage and insect or rodent problems. Each package has a shelf-life of three years.

Helping to pack Kids Against Hunger food packages is a great way for Kiwanians to support the Kiwanis International motto of "Serving the Children of the World".

## Foothills Kiwanis Reminders

- For the first club meeting of each month, bring either –
  - Snack items, or a grocery coupon for buying snack items, to help Blue Sky Bridge kids in counseling – OR –
  - Bar soap, toothbrush, toothpaste, and other personal care items to help Sister Carmen in-need families

-- that'll be forwarded to these organizations by Woody or another club member. Thanks for your contributions!

- Contact President Joe if you have suggestions for club program speakers in November and December.