



Kiwanis Club of the

FOOTHILLS

Club Website: www.foothillskiwanis.org
Meetings: Every Monday at 7:00 a.m. at the Egg & I,
2574 Baseline Rd, Boulder, CO 80303, 303-494-0555

Aug. 8, 2016

Coming up . . .

8/8/16 – Jesse Phan, Executive Director of Stronghold Cambodia in Sihanoukville, Cambodia

8/15/16 – Twesigye” Jackson” Kaguri. Leader of Nyaka AIDS Orphans Project in Uganda

8/22/16 – Lee Shainis, Director of Intercambio, "Intercambio classes and programs in Boulder County"

8/29/16 – Lars Kalnajs, "Doing Research and Living in Antarctica"

9/4/16– 7:00 a.m. Foothills Board meeting at the Egg & I in Basemar Shopping Center

Program Chairpersons:

August – Mary Schweitzer
September - David Petrick

Snippets from Recent Club Programs

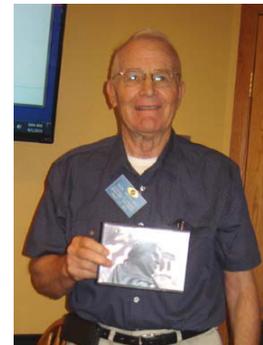
July 25 – Steve Hinson, Flatirons Habitat for Humanity Development Director

Steve talked about how Flatirons Habitat for Humanity (FHFH) provides low-income housing to needy families in the Boulder/Broomfield area. Since FHFH was founded in 1993, FHFH has built 80 such homes, and is currently building four new single-family homes in their Wonderland Creek construction area in north Boulder. Habitat was founded in 1976 by Georgia businessman Millard Fuller and wife Linda to help in-need people. Since then, Habitat has helped build over 600,000 homes in the U.S. and around the world through local affiliates (29 of these in Colorado). FHFH uses 10 percent of its funding to help build homes in Guatemala, and also sponsors volunteer trips there to do hands-on construction. FHFH helps local families buy a FHFH low-income home via a zero-percent loan, where the family is required to donate 225 hours of “sweat equity”. The family must have a steady income less than \$60,000, and agree to taking care of the home after moving in. The new Wonderland Creek homes have about 1100 square-feet and three bedrooms. You can volunteer to help build Wonderland Creek homes at -- www.flatironshabitat.org.



August 1 – Bob Mohling, “Martin Luther Tour in Germany”

Bob showed a video to club members of his and wife Marilyn’s May 27-June 5 “Martin Luther Tour” with 25 other tour participants starting in Frankfurt and ending in Munich. They visited cities where Luther lived in and where celebrations will be held next year for the 500th anniversary of Luther’s posting of the “95 Thesis” at the All Saints’ Church in Wittenberg in November 1517 that led to the Reformation and creation of Protestant churches. Cities visited included – Eisenach, where he translated the Bible from Greek to German (done in 3 months for the New Testament, and in one year for the Old Testament); Eisleben, where Luther was born and baptized; Erfurt, where Luther studied theology for six years at the university; Wittenberg, where Luther was held in a castle for protection, Eiselben, where Luther was born; Dresden; and Prague. Bob will be showing club members the second half of their tour during an upcoming meeting.



President

Adam Pauluhn

Past President

Gary Symes

President-Elect

Open

Secretary

Dennis Hubbard

Treasurer

Jerry Gilland

Board of Directors

Paul Bailey

Rudi Baumann

Al Boeve

Bob Mohling

Rich Plumridge

David Rogers

Pete Sprengle

KIWANIS: Serving the Children of the World

August 4 Foothills Kiwanis Board Minutes

– Foothills Kiwanis Secretary Dennis Hubbard

The Board of the Foothills Kiwanis Club met at the CU C4F Restaurant on August 4, 2016. President Pauluhn called the meeting to order at 7:20 am. Attending were Board members: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Bailey, Baumann, Mohling, Rogers, Plumridge, Sprenkle. Guests: None

SECRETARY'S REPORT: June and July's minutes were approved.

-- Honorary membership applications were presented and approved for Debbie Louis and Robert Rogers.

TREASURER'S REPORT: A motion was made to approve the August Treasurer's Report. Passed.

GENERAL BUSINESS: A motion was made and approved to have the Venus De Miles Bike ride on August 25 as a Club project in order to have member volunteers participate.

-- Plumridge has volunteered to champion the Taste of Boulder fundraiser.

The Foothills Kiwanis Club Board meeting adjourned at 7:33.

August 4 Foothills Boulder Foundation Board Minutes

– Foothills Kiwanis Secretary Dennis Hubbard

The Board of the Foothills Kiwanis Foundation met at the CU C4C building on August 4, 2016. President Pauluhn called the meeting to order at 7:34. Attending were: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Bailey, Baumann, Mohling, Plumridge, Rogers, Sprenkle.

Guests: None

SECRETARY'S REPORT: The June minutes were approved. The July minutes were approved as corrected. Bandit not Cory was the alert dog at the Kiwanis International Convention in Toronto. The correction has been made to the July minutes.

TREASURER'S REPORT: A motion was made and seconded to approve the July Foundation Treasurer and Service Dog Project reports. Passed.

NEW BUSINESS: A motion was made and approved to donate \$250 to the Crayons to Calculator project. A motion was made and approved to donate \$250 to Habitat for Humanity.

-- After discussion, the Board will make a policy decision at a future Board meeting regarding member/Club matching fund donations.

-- After discussion, the Board approved the speaker from Cambodia handing out contribution envelopes at the next regular meeting. It was determined that speakers often hand out information for possible individual contributions. A motion was made and approved to donate \$250.00 to the speaker from Cambodia.

The Kiwanis Foundation Board Meeting adjourned at 8:04.

Kiwanis Rocky Mountain District Annual Convention

-- Kerry Hassler, Foothills Kiwanis Convention Attendee

This year's RMD Annual Convention was held from August 4-7 at the Pueblo Convention Center in Pueblo, Colorado, attended by over 200 fellow Kiwanians from the Rocky Mountain District as well as special Kiwanis International guests. Preliminary District Board meetings and a Past Governor's Dinner was held on August 4; and on August 5, a benefit golf tournament, RMD Foundation Luncheon and afternoon session, and evening dinner for all and tour of the Rosemount Museum was held. I enjoyed talking with Daniel Vigneron (Kiwanis International Trustee from Vielsam, Luxembourg) during the dinner meal.



Below are my notes from the Saturday August 6 morning sessions I attended.

8:00-8:25 – Kicking Up Key Club – Empowering our Youth

Led by Dawn White, she talked about her new role as RMD Key Club Administrator, taking over from Dave Harris who recently resigned. She plans to create a RMD Key Club "management team" to oversee District Key Clubs; coordinate Key Leader, Leader Rallies, and DCON yearly events, and publicize Key Club information on the District Key Club website



8:25-8:50 – More than a Weekend –Power of Key Leader

Led by Dawn Ignatius, she talked about the two RMD Key Leader events and facilities at Roundup River Ranch (near Gypsum River, CO) from October 14-16; and Windy Peaks (near Bailey) from October 21-23. She showed a video of the feedback from Key Leader kids about the impact of attending a weekend camp in encouraging them to be leaders. Also, RMD Key Club President Aliza Mitchell and Treasurer Olivia Roberts

gave their personal endorsements of the Key Leader program as former participants.



9:00-9:25 --Impact: Sweet Dreams in a Bag

Led by Suzie and Wayne Fox, they talked about how Sweet Dreams has helped over 6000 in-need kids the past 6 years, providing bedding, toys, and books to give them a sense of ownership and pride. Sweet Dreams is connected with 50 community agencies and 60 properties where in-need families are staying. They plan to expand to Sweet Dreams projects in Cheyenne, Montrose, and Grand Junction this year. Suzie told me they hope to have a “bedding packing event” in the Boulder area this next year that our club members can participate in



9:25-9:50 -- Terrific Kids & Bugs Programs

Led by Gordon Hamilton, he talked about the “Bring Up GradeS“ program for elementary K-5 schools that encourage students to improve their grades every school-year quarter. The program works well as a K-Kids project, but can be used in any school. The Kiwanis Club’s BUGS volunteers work with a school’s teachers to get a list of which students have improved their grade in at least one class, then they prepare certificates to give to the improving students along with a BUGS button and a sparkly-gel pen. The cost to the Kiwanis Club for each student per year is less than \$2. Teachers report the BUGS program has helped many students improve their grades.

10:00-10:25 -- Impact: Stars of Tomorrow – Casper, WY

Led by three members of the Casper Kiwanis Club, they talked about their club’s Stars of Tomorrow youth talent competition and how they organize it. They gave suggestions for how to publicize the event, conduct auditions, select the participants, and judge the competition. Winning students are given cash awards or scholarships. With having ads in the Stars event booklet, the Casper Kiwanis Club also uses the event as a

fundraiser. They offered to share their Stars “planning guidelines” booklet and Excel spreadsheets for event-tracking with any RMD Kiwanis Club

10:25-10:50 -- Successful One Day Projects

Led by Carol Chiorito and Dawn Rogers, they talked about how Kiwanis Clubs can do a 1-day project on the annual “Kiwanis ONE DAY” event that’s done each year by Kiwanis Clubs around the world. They talked about the combined ONE DAY project of the Pueblo and Alamosa Kiwanis Clubs that with over 300 volunteers, put together 10,000 emergency food-packets for disaster victims or in-need families. They encouraged Kiwanis clubs to look into doing a similar project for this year’s ONE DAY event on Saturday, October 22.

11:00-11:25 -- Image: How to attract Young Professionals to Your Club

Led by Ashley Louwereins, she talked about how young professionals use Google and Facebook to find Kiwanis Clubs in their area using their smartphones, and how they look for “hands on” projects they can volunteer for on weekends. A good way to assess whether your Kiwanis Club meeting is attractive to young professions is by asking the question, “If I were 35, would I want to attend my club’s meeting?” She encouraged Kiwanis clubs to use on-line volunteer sign-up forms, and to provide summaries of their club meetings on-line. Ashley noted that CKI college students do not often join Kiwanis Clubs after graduating and getting jobs since they have not been connected with Kiwanis Club during their pre-graduation years. She suggested that Kiwanis Club that have nearby CKI clubs think about doing joint projects to help bridge this gap.

11:25-11:50 -- Utilize Facebook to promote Club Projects

Led by Ashley Louwereins, she talked about how to improve the Facebook page for a Kiwanis Club by updating it frequently with photos, videos and event information. She noted the importance of including club meeting times and email/phone contact information on the FB page. The Facebook “tagging” feature can be used to help connect non-members shown in photos with the FB friends of the guest. The FB page is a good way to post “Call to Action” requests for volunteers for your club’s projects.

12:00 Noon – RMD Convention Interclub Luncheon

The Convention Interclub Luncheon included a delicious lunch, and messages from RMD leaders, CKI leaders, and Key Club leaders, and recognition of RMD Division Lt. Governors.





The highlight of the Interclub Luncheon was guest speaker Dr. Dilip Joseph, an American of Indian descent who graduated from the Bangalore Medical College of Bangalore University in 1971. He works in South Plainfield, New Jersey, and specializes in Internal Medicine. Dr. Joseph talked about his in-country projects in Afghanistan with the Morning Start Development organization (see -- www.msdev.org). This program has helped substantially improve the availability of medical care in remote Afghan villages, as well as increasing the number of Afghan youth who are high-school and college education. Since the Russian occupation of Afghanistan in the 1980's, the number of Afghan youth in high school has increased from several thousand to over 9 million, with 30 percent of the students being female. During his tenth visit to Afghanistan in 2012, he and his colleagues were kidnapped by the Taliban. He wrote about his capture and rescue by a Navy SEAL team in his book, "Kidnapped by the Taliban: A Story of Terror, Hope, and Rescue by SEAL Team Six."

RMD Convention Silent Auction Raises Foundation Funds

Thanks to Foothills Kiwanis member Mary Schweitzer for putting together a "Science Education for Kids" gift basket that our club provided for the RMD Convention Silent Auction to raise funds for our District Foundation. At last check, the highest bid was \$55 for the basket containing books and other educational items. It was the best basket in the Silent Auction! The Silent Auction was expected to raise over \$2000 for the RMD Foundation.



Upcoming Programs at Broomfield Veterans Museum

The Broomfield Veterans Memorial Museum's "Coffee and Conversation" series of talks continue in August and September, with a diverse and compelling selection of topics and speakers. All programs begin at 9:00 a.m. The museum is located at 12 Garden Center in Broomfield, and more information can be found at -- www.broomfieldveterans.com.

13 August - Frank DiMauro - Frank was drafted into the Army in February of 1943, and was trained as a Combat Engineer. In June of 1943 Frank was sent to Casablanca Morocco and assigned to the 188th Ordnance Battalion. Frank's battalion subsequently deployed to Italy following the landings at Salerno. Frank's language skills in Italian helped him get a rather unique assignment as the driver and assistant to the Battalion Catholic Chaplain, Captain William Callahan. They drove a jeep together for thousands of miles, visiting nearly all of the locations in Italy with a US Army presence.

20 August - A special presentation, on "Agent Orange Awareness". The Vietnam War was difficult on those that served for several reasons; but for many, the effects were arguably more long-lasting. Join us to delve deeper into the topic of Agent Orange and the chemical exposure that affected veterans for decades afterwards. We are hosting a round table discussion to discuss VA disability options and the types of illnesses that are most widespread from dioxin exposure.

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27 August - Sarah Plummer-Taylor - Sarah is a former Marine Corps Intelligence Officer who spent more than six years on active duty, including two tours in Iraq. Sarah currently serves veterans, executives, and entrepreneurs with group and one-on-one holistic health coaching, workshops, and retreats; additionally, she is an advisory board member to UCSF's Next Mission's Stress, Resilience, and Post-Traumatic Growth course for Active Duty and Military Veterans, and is Military Council board member of Service Women's Action Network.