



Kiwanis Club of the Foothills

Club Website: www.foothillskiwanis.org
Meetings: Every Monday at 7:00 a.m. at the Egg & I,
2574 Baseline Rd, Boulder, CO 80303, 303-494-0555

Mar. 10, 2014

Coming up . . .

3/10/14 – LeAnn Zetmeir, Kiwanis Rocky Mountain District Governor, "RMD Update"

3/16/14 – 1:00 p.m. – Foothills Kiwanis "Stars of Tomorrow" talent contest, Dairy Center of the Arts, 2590 Walnut, Boulder

3/17/14 – Jessica Yanker, "Orphanage Project in Costa Rica"

3/24/14 – Jan Brown Reed, "University of Colorado Circle K Update"

3/31/14 – Joe Girard, "Ball Aerospace Update"

4/3/14 – 7:00 a.m. Foothills Board Meeting at The Egg & I, Basemar Shopping Center

Program Chairpersons:

March – Allison DeYoung

April – Bob Mohling

Snippets from Recent Club Programs

February 24 – Lt. Col. Russ Bergeman, "Kick the Tires, Light the Fires"

Lt. Col. Bergeman talked to club members about his experiences as a helicopter pilot during U.S. military operations in Iraq and Afghanistan, as well as his thoughts about self-discovery, identifying personal values and goals, overcoming fear; preparing for and overcoming failures, and conducting an honest personal assessment in order to learn and grow. He cited famous Yankee catcher Yogi Berra's quote – "You've got to be very careful if you don't know where you're going, because you might not get there" – to emphasize that everyone needs to set goals in their lives. As a military helicopter pilot, setting goals is especially important, such as to look for potential places to land if the copter had mechanical problems or comes under fire. "Light the fires and kicking the tires" is an aviation adage that refers to pre-flight preparations of checking the aircraft's tires and starting its engines in reach the pilot's goal: flying the aircraft. Russ is Vice President of Training and Development at The Employers Edge.



March 3 – Kathleen Alexander, Emerald Ash Borer Problem in Boulder

Kathleen talked about the Emerald Ash Borer problem that is affecting many cities especially in Midwest areas of the U.S. The insect was first detected near Detroit in 2002 that was probably brought to the U.S. in a shipment of wood from Asia, and it has no natural enemy here except for woodpeckers. Unfortunately with the insect likely brought to Boulder via infected firewood, Boulder and surrounding areas are now faced with combating this insect to save our local ash trees. After the first confirmed EAB insect infection last September, the City of Boulder is now quarantined by our state (soon also by the U.S. government) for exporting any ash trees and ash-related products. With the life-cycle of the ESB being 2-3 years, Boulder is expected to lose about 50 percent of its ash trees within 3-4 years. Overall, ash trees comprise about 15 percent of the estimated 100,000 ash trees in our area, but they are more valuable than other local trees with their large crowns providing shade and otherwise long life. Kathleen talked about the signs of when an ash has been infected by the ESB insect – lost of leaves in the crown of the tree, bark splits, woodpeckers in the tree, and D-shaped exit holes made by the insect. The best mans to control the ESB insect are pesticides injected into the trunk that are carried by the tree's veins to upper branches. For more info, see – www.EABBoulder.org, or send an email to Kathleen of Boulder Parks at – zalexanderk@bouldercolorado.gov.



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Adam Pauluhn

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(Open)

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KIWANIS: Serving the Children of the World

March 6 Foothills Kiwanis Board Meeting Minutes

-- Dennis Hubbard, Foothills Kiwanis Secretary

The Board of the Foothills Kiwanis Club met at the Egg and I Restaurant on March 6, 2014. President Pauluhn called the meeting to order at 7:05. Attending were Board members: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Creasey, Baumann, DeYoung, Mohling, Schweitzer, Sprenkle, Rogers. Guests: Division Lt. Governor White

SECRETARY'S REPORT: A motion was made and seconded to approve the February minutes. Report approved.

--An application for Club membership was made by Matt Wilson. A motion was made and approved.

--Terry Hardie submitted his Club resignation. Accepted with regret.

--Schweitzer will contact Shoaf regarding his intentions to remain a member of the Club. Shoaf has moved out of Boulder due to the recent floods and cannot attend regularly.

TREASURER'S REPORT: A motion was made and seconded to approve February report. Passed.

GENERAL BUSINESS: After discussion, the Board has determined it does not desire to be a model club for Eliminate Project. The Club will continue to donate at its current level.

--Lt. Governor Dawn White gave an update on District activities. The District is making an effort to establish more K-Clubs and involve present members in more projects. The District is also planning to make more effort in communicating between clubs on various club activities in the district. Also there is a design for on-line clubs being developed, particularly for the younger generation.

--Sprenkle gave an update on the Taste of Boulder. Presently there are 11 confirmed restaurants, with hopefully a couple more by next Monday's meeting.

The Foothills Kiwanis Club Board meeting adjourned at 7:35.

March 6 Foothills Kiwanis Boulder Foundation Board Meeting Minutes

-- Dennis Hubbard, Foothills Kiwanis Secretary

The Board of the Foothills Kiwanis Foundation met at the Egg and I Restaurant on March 6, 2014. President Pauluhn called the meeting to order at 7:45. Attending were: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Creasey, Baumann, Sprenkle, DeYoung, Mohling, Schweitzer and Rogers. Guests: None

SECRETARY'S REPORT: A motion was made and seconded the February minutes be approved. Report approved.

TREASURER'S REPORT: A motion was made and seconded the February Foundation Treasurer's report be approved. Passed.

NEW BUSINESS: Discussion was held regarding possible financial help to the Kiwanis Club in Kiev. It was decided to find out more information about the use of the funds before committing to a donation. Pauluhn will pursue more information about the use of funds and the recipient's address & account.

--Mohling gave an update on the Dog Days Golf Tourney. Assignments have been made; sponsor money is coming in; and Schweitzer is doing the auction.

--DeYoung reported that 2 CU students will give a presentation on their scheduled work project for an orphanage in Costa Rica. They would like a \$200 donation to help with the

project. The donation was approved contingent upon more information; e.g., use of funds and recipient details.

--Mohling gave an update on the Bolder Boulder fundraiser in May. A motion was made and approved for this fundraiser to be an approved project. Adam and Bob will be the champions.

--Several Board members have received a letter from International regarding Skip A Meal fundraiser donating the meal's proceeds to International. The Club would like more information before committing to the project.

The Kiwanis Foundation Board Meeting adjourned at 8:05.

Alert Service Dogs for Kids Project has Booth at American Diabetes Association Expo in Denver

-- Linda McMullen, Foothills Alert Dog Program

Jerry Gilland, Linda McMullen, and Jack Biddle representing the Alert Service Dogs for Kids project had a booth at the American Diabetes Association (ADA) Expo in Denver on February 22, 2014. They were supported by several member families, including their children and alert dogs, all of whom were big hits with the crowd of attendees at the Expo. What greater combination of attraction is there than a beautiful child with his or her adorable dog. All involved claim it a roaring success in terms of interest by attendees, relevance to needs by those children afflicted with diabetes, and as promotion of the project to the public at large. In fact, a featured story about the project was presented on Denver's channel 4 local early news program on Saturday, February 22. The video of the story "starring" Alyssa Bennett, her dog Pumpkin, and Jerry Gilland can be seen at --

<http://denver.cbslocal.com/2014/02/22/american-diabetes-association-expo-hits-denver/>

Dozens of people came by the booth to discuss the specifics of the project, ask questions about how these dogs benefit those afflicted with diabetes, share their own stories, and inquire about how or if their family and diabetic child might become involved in the Academy program. As a result, many brochures and applications for membership in the academy to receive an alert dog were distributed, and beneficial networking for the future of the project was accomplished. There also was much interest by diabetic adults as to whether the Foothills Kiwanis program could help provide any similar service for their needs. Consequently, a plan is underway to conduct a one-day seminar to help adults train their own dog (or potential dog) in basic obedience and alerting to changes in blood sugar levels.

The project website has been extensively updated with new information, pictures, and sponsors and can be viewed at -- www.AlertDogs4Kids.org



Update from the Ukraine / Request for Support of Kiwanis Club of Kiev Summer Camps for Kids

Note: Following are emails sent to our club by Sneja Shpak (Vice President, Kiwanis Club of Kiev) regarding the recent uprising of pro-democracy Ukrainians against the former government of Viktor Yanukovich, as well as a request for a club donation to support summer youth camps. You can see photos of kids that have previously been helped by this Kiwanis Club at -- <https://www.facebook.com/kiwanis.kiev>.

-- Jan. 28 email to Foothills Kiwanis website

Hello, Adam,

My name is Sneja Shpak. I am the vice-president of the Kiwanis Club of Kiev. I am honored to do the work for the children in [my] club. I also really want to establish friendly relations with Kiwanis clubs in other countries.

Our club is young. We have 15 members. They are men and women from 23 to 40 years old. We recommend opening another club in the western part of Ukraine.

We have many projects for children and teenagers that are devoid of parental love and care. Our main project is a Christmas program, which plans to cover 600-700 children. Ukraine Christmas holidays [are] from December 19 to January 19. Another important project is an Easter program.

Also we have a lot of training programs for children. We supervise a crisis center for children and also a center for young moms, it's for whom gave birth to a child at the age of 16-17 years old. In the summer we have a children's tent camp.

This is briefly about our club. I would be grateful for your response and fellowship. I interesting in exchange of ideas, new projects perhaps in the future together. Thank you for your attention.

Best regards, Sneja

-- Feb. 31 email to Sneja Shpak from Kerry Hassler

Hello, Sneja,

Thanks for your message below! I'm forwarding it to our Foothills Kiwanis President Adam so that he may personally respond to you.

We here in America are hoping and praying that a peaceful solution can be found to the current anti-government demonstrations in Kiev and other cities in the Ukraine.

Please extend our Foothills Kiwanis Club greetings to your fellow Kiwanis Club members.

Regards,

Kerry Hassler, Foothills Kiwanis Webmaster

-- Feb. 28 email from Sneja Shpak to Kerry Hassler

Hello, Kerry, Thanks for your letter, for support and love. Thanks that you were in these unlucky days with us, with children of Ukraine.

All Ukraine [is] now in mourning. Three days Ukraine buried young men who died for freedom. 100 young men [are] already in heavens. They [were] named "Heavenly Hundred". It is terrible to walk on the ground soaked with blood. I tell the real facts: all ground of the centre of Kiev is watered by blood with

flowers. I would not want that it has repeated once again. People in thousand [have] come on the Maidan to give honor to those who died there. Three days long in the centre of Kiev there passed a prayer for everyone who was killed, their bodies brought to the Maidan for funeral. All of them trusted in the future, all of them wanted to live, to raise up children. Now they there in Heaven, they have received that about what dreamed, I believe they [are] with God.

Now still a thousand people in hospitals, some lost [a] hand, eye, [their] feet. Many [of] from them [are] on the verge of death. Some countries have started to receive wounded men to treat, do artificial limbs. I would want that you [to know] here were no extremists during peace protests. We did not have a weapon, we did not have tanks. In the governmental armies they had everything, Yanukovich paid to whom [he] wanted to kill, and these people brought by buses and trains. They attacked peace people across all Kiev. I live in the centre of Ukraine, I live in Kiev. I did not see anything like that before. The government killed students, teachers, journalists, doctors, killed women.

Today I write this letter as the message to all of you. We [are] one beautiful country. When I write this letter, still there are collisions in areas where there were Yanukovich's followers. They do not want to release the country which [he robbed]. They are afraid, because they will need to pay for death of hundreds [of] people, to pay for those whom they tormented throughout all years of board of Yanukovich. Now Yanukovich [is] wanted, he escaped. But will be found and brought to justice. Pray please for peace in our country, for no more [killings]. People on the Maidan will [stand] up [for] presidential elections to complete victory.

Our club will help today families which have suffered in this war. We will help children [who are] near to us, because Ukraine [is] almost bankrupt. Today [they] have officially stopped [paying] money to workers and pensioners. We will bring help to houses.

Your support is necessary to us. It is now very important for each child, each teenager of Ukraine [to have support]:

- 1) I ask [for prayers] for us, that we with wisdom would [start] projects which now are especially necessary to children.
- 2) If you are ready to support us in any way, write [to us]. We will be grateful for [your] help.
- 3) Tell to the friends about [what] has happening in our country.
- 4) In conditions of destroyed economy, we want to [start] more camps in the summer that children would receive strengthening of health. It is a lot of families this year cannot give rest [an] medical care to children. Members of our club are ready to serve children, to be volunteers.

Thanks that we are one international [Kiwanis] family.

Best regards, Sneja

-- March 6 email from Sneja Shpak to Kerry Hassler

We really need the understanding and support of friends. As of today, March 6, the situation in Ukraine is tense to the limit because of the Russian military incursion into the territory of Crimea. The latest news today is: Russian troops began to retreat - conquered Bel'bek Ukrainians, and the Ukrainian economy today is experiencing great difficulties.

Best regards, Sneja