



Kiwanis Club of the

Foothills

Club Website: www.foothillskiwanis.org
Meetings: Every Monday at 7:00 a.m. at the Spice of Life Event Center, 5706 Arapahoe Ave., Boulder CO

Dec. 9, 2013

Coming up . . .

12/9/13 – Gwen Scherer, “Preserving Media and Photos”

12/16/13 – Linda Trumble, "Sew More Comfort" (adjusting clothing for those injured in Afghanistan and Iraq)

12/23/13 – Emily Milan, "Junior Achievement Program"

12/30/13 – Foothills Kiwanis “roundtable meeting” (no program speaker)

1/2/14 – 7:00 a.m. Foothills Board Meeting at The Egg & I (Basemar Shopping Center)

Program Chairpersons:

December – Mary Schweitzer
January – (Open)

Snippets from Recent Club Programs

November 25 – Liz Kritza, CU Head Volleyball Coach

Liz is her fifth year at the helm of the Women’s Volleyball Program at CU. She is originally from Colorado Springs, and graduated from St. Mary’s High School in Colorado Springs. She came to CU after a very successful four-year stint at Tulane. Liz explained how competitive the PAC 12 programs are, and the difficulty in recruiting top volleyball players to CU. The team currently has 16 wins and 11 losses. She must start recruiting high school freshmen and sophomores in order to have opportunity to speak to them when they are deciding as seniors on their school of choice. She described the 19 days of training at the Olympic Training Center prior to the start of the fall semester. She and her staff watch players in state tournaments, where they see 900 teams play over a 3-day period. Her staff sends out 3000 emails to top players, which gets reduced to 55 players that CU actively recruits, and eventually to the 6 players currently being recruited in Colorado, California, Texas, and Minnesota. Liz indicated that 100 percent of her players graduate in four years. Thanks, Liz, for an interesting program.



December 2 – Nicky Morone, Boulder FOCUS Re-entry Monitoring

Nicky spoke to our club about the Boulder “FOCUS” Re-Entry Monitoring program that helps those imprisoned in Boulder County jails for non-felony crimes to become normal citizens in our community after release. This involves volunteer mentors being assigned on a one-to-one basis with a released person to find housing, look for a job, set up a bank account, find transportation, etc. Started in 2001 as a result of a “Restoring the Soul Forum” meeting, this program has been very successful in preventing over 70 percent of those mentored from returning to jail. This saves our county \$25,000 per year for each person not jailed again



If you’re interested in being a FOCUS mentor, volunteers should be prepared to make a commitment of at least one year. The mentor will spend 2-3 hours per week with the client. More time will be needed during the immediate post-release period and around special life events: court hearings, birthdays and graduations. Volunteers receive 17 hours of preliminary training before mentoring. Topics covered include motivational interviewing, FOCUS guidelines and basic mental health and substance abuse training. An orientation at the Boulder County Jail is required, and includes a background check. Mentors will also be expected to regularly attend ongoing training opportunities throughout the year. For more info, see -- <http://focusreentry.org>.



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KIWANIS: Serving the Children of the World

Notes from December 5 Foothills Board Meeting

-- *Dennis Hubbard, Foothills Kiwanis Secretary*

The Board of the Foothills Kiwanis Club met at the Egg and I Restaurant on December 5, 2013. President Pauluhn called the meeting to order at 7:20. Attending were Board members: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Mohling, and Sprenkle. Guests: none

SECRETARY'S REPORT: A motion was made and seconded to approve the November minutes. Report approved.

--A motion to approve a Terry Hardie's LOA from September 15 thru January 31 was approved.

--A motion to approve Schweitzer to the Board to fill Petrick's term was approved.

TREASURER'S REPORT: A motion was made and seconded to approve the October treasurer's report. Passed

GENERAL BUSINESS:

The Foothills Kiwanis Club Board meeting adjourned at 7:38.

Notes from December 5 Foothills Foundation Meeting

-- *Dennis Hubbard, Foothills Kiwanis Secretary*

The Board of the Foothills Kiwanis Foundation met at the Egg and I Restaurant on December 5, 2013. President Pauluhn called the meeting to order at 7:38. Attending were: President Pauluhn, Treasurer Gilland, Secretary Hubbard, Mohling, and Sprenkle. Guests: None

SECRETARY'S REPORT: A motion was made and seconded the November minutes be approved. Report approved.

TREASURER'S REPORT: A motion was made and seconded the November Foundation Treasurer's report be approved. Passed.

NEW BUSINESS: Discussion was led by Gilland regarding transferring the dog title from the Dog Project to the Meiner family. Gilland has serious concerns regarding the critical bonding between the dog and its intended recipient; being overweight; and lack of satisfaction with the current training regime including control commands. The Academy dog ran out of the yard and was struck by a car. There are serious injuries to the dog. The Board supports Gilland's recommendations including the family keep the dog as a pet, continuing the Academy training sessions with the possibility of certification at successful completion of the training sessions. To be in compliance with other Academy dog owners, the Board supports Gilland's suggestion that Meiners pay the purchase price of \$2,000 (negotiable) for the dog upon the transfer of title.

--Discussion was held regarding the upcoming Dog Days golf tournament. A program manager is needed to line up sponsors and golfers. Gilland has agreed to do the administrative paperwork. Mohling will contact: 1) Ryan Brooks to determine his and his golf teams' interest in helping to get sponsors for our tournament and 2) Bill Schilling about the Kimmy's House tournament held at Arrowhead Course in order to promote both tournaments. Our decision to do the Dog Days tournament should to be made this month.

--Gilland has been in contact with two persons about running the Dog Academy project.

--A motion was made to contribute \$3 a member to the District to support the Lt. Governor's K-Club project. Approved.

The Kiwanis Foundation Board Meeting adjourned at 8:30.

2013 Foothills Kiwanis Bell-Ringing Update

Thanks for all who've volunteered for Salvation Army bell-ringing so far this holiday season! Special thanks go to those who've done bell-ringing during the cold weather this past week. As of Thursday, December 5, the total collected by Foothills Kiwanis and non-Foothills volunteers at our two sites -- **\$2707.37** (\$1521.31 at King Soopers with an estimated \$304 in coins, and \$735.06 at Meadows Safeway with an estimated \$147 in coins). Leading Foothills Kiwanis bellringers are Mary Schweitzer (13 hours) and Bob Mohling (8 hours). Leading non-Foothills bell-ringers are Laurance Hubbard (13 hours), Lynn Dyba (8 hours) and Hope Steffens-Nett (5 hours). Also, some of our Monarch Key Club members (shown below) rang 12 hours at the Louisville King Soopers on Saturday, December 7. Thanks to all for signing up for bell-ringing this upcoming week!



Notes about Foothills Kiwanis Bell-Ringing

- We get the highest per-hour bell-ringing donations at the 30th Street "Sunrise" King Soopers, so please sign up at this site first. Also, the best times for getting bell-ringing donations are **between 11-1 and 5-7 at either site.**
- For cold days when the temperature is below freezing, ring in the foyers at the King Soopers and Safeway, using the "ding dong sign" or gently ringing the bell. Also use the footstands to keep your feet off the cold floor and the handwarmers in the bell-ringing apron. Bring a thermos of hot chocolate or coffee to drink during bell-ringing.
- The only Boulder County Salvation Army staff members who will be bringing new kettles to our sites are Captain Braga and John Hart. If anyone else does this (and for any problems in general), give Captain Braga and call at -- **720-308-5397** -- or call Kerry at -- **303-478-6665.**
- Make sure you wear a bell-ringing apron that has "Foothills Kiwanis" on it. If you don't find one at the site, call Captain Braga or Kerry.
- Do **not** sign up at the Louisville South Boulder King Soopers site -- this site is reserved for Monarch HS Key Club members.
- This bell-ringing season, the deadline for signing up at a site is **7:00 p.m. the previous day.** If Captain Braga sees via our club website that no one has signed up for the following day, he will then assign paid Salvation Army bellringers to ring at that site for the entire day.
- If you and/or your friends are making a donation to the Salvation Army, please put your check into one of our kettles.