



Kiwanis Club of the

FOOTHILLS

Club Website: <http://www.foothillskiwanis.org/>
Meetings\ Our club is seeking a new location for our club meetings since La Hacienda closed on June 6

July 27, 2009

Coming up . . .

7/27/09 Karen Morales, RTD Fast Track

8/3/09 Ann Noonan, "Substance Abuse Services in Boulder County"

8/6/09 Foothills Board Meeting at 7:00 a.m. at President Greg's home in Boulder

8/10/09 Iris Lee, "Dreamcatchers" non-profit

8/13-8/16/09 – Rocky Mountain District Annual Convention in Nebraska

8/17/09 Phuc Tran, Division 11 Key Club Lieutenant Governor, "June 22-August 8 Children of Peace Trip to Vietnam"

8/24/09 Feedback about August 13-16 RMD Annual Convention from club attendees

8/31/09 Leah Sullivan, FOCUS (Facilitating Offenders Choosing Uplifting Solutions) Non-profit organization

Program Chairperson(s):

August – Diane Magliolo / Kerry Hassler

September – (Open)

Snippets of Recent Foothills Programs

July 13 – Bob Rothe, "Up with People" world youth organization

On July 13, Bob Rothe talked about the "Up with People" (UWP) organization that annually brings young people from over 20 countries to learn music programs that are then performed on a 5-month tour. The UWP participants also do community-support activities (such as Habitat for Humanity) in cities they visit. This year's group of UWP participants arrived at DIA on July 10, and will learn the music program in Denver through August. Then they will tour cities in U.S. and Mexico before finishing the tour later this year in Scandinavia and central Europe. UWP participants (ranging from age 18-28) are home-hosted by volunteers in the Denver area. Bob and wife Judy have hosted 83 UWP participants including two more this year. They also arrange fun activities for the UWP group, such as Colorado river-rafting trips.



UWP is looking for home-host volunteers for the next group of young people. You can sign up with Up with People at -- www.upwithpeople.org

July 20 –Dr. Todd Dorfmann, Cedalion Health

On July 20, Dr. Dorfmann spoke to our club about "Cedalion Health" in Boulder that helps people –

- Who want to maximize their existing and long-term, healthy lifestyle
- Who need guidance and support with an existing disease process
- Who have concerns about family's health history in relation to their own future health
- Who want consultation about a recent illness of a friend or family member.

Dr. Dorfmann begins his health analysis with a full blood test and questionnaire, followed by an initial 4-hour consulting session to review his prognosis and possible subsequent medications or treatments. One area in particular could be the restoring of hormone levels to a normal range through medication. He can provide follow-up care on a charged per-visit or monthly basis, or forward his findings to the person's physician. Dr. Dorfmann's feedback session is not covered by medical insurance.) . For further information on Celalion Health, go to -- www.cedalionhealth.co



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KIWANIS: Serving the Children of the World

July 9 Foothills Kiwanis Board Meeting Minutes

-- *Dennis Hubbard, Secretary*

The Kiwanis Club of the Foothills Board of Directors met at Gregg Lefferdink's on July 9, 2009. President Lefferdink called the meeting to order at 7:04 a.m. 10 members were present.

Board members: President Lefferdink, Secretary Hubbard, Brown, Peterson, Person, Rogers, Sprenkle, Wood

Guests: Hassler, Gilland

MINUTES: June Board minutes were approved as corrected.

TREASURER'S REPORT: Girard was not present and no report was presented.

SECRETARY'S REPORT: A letter was sent to Gerson regarding his lack of attendance and is dropped from the membership roll as of June 10.

OLD BUSINESS: --Wood reported that Foothills should receive a check for \$2500 for the July 4 project. From the proceeds, Boulder Kiwanis will receive \$546 and Golden K Club \$312 for their help.

--Lefferdink has been in contact with Cramer regarding her continuing membership. Her decision will be made by the next Board meeting.

--Rogers, and possibly McGehan and Hassler will attend the District convention in August in Nebraska. The Club will pay registration and one meal, and will be considered an interclub meeting if four club members can attend.

--No interest was expressed in attending the Cheyenne Kiwanis Club meeting on July 23 that our club was invited to.

--Gilland reported on the KPTI fundraising in lieu of the golf tournament. \$3,225 was sent directly to KPTI by former sponsors and \$500 more given to Foothills. A motion was approved to add \$75 from the Club's project fund to make a total of \$3,300. Another motion was approved to give Mapleton Rehab \$1,100 and KPTI \$2,200. Rogers will recommend to KPTI at its meeting, that KPTI decide how to split the gift.

NEW BUSINESS: The Club will meet for the July 13 and 20 meeting at the Broker. A decision for a permanent location will be forthcoming.

--Brown reported that applications were still being received for the annual Foothills HS Student Tuition scholarship.

The Board adjourned at 7:56 a.m.

Rocky Mountain District Annual Convention from August 13-16 in Gering, Nebraska-- Fred McGehan

The Rocky mountain District Kiwanis will hold its 90th annual Convention August 13 to 16 in Gering, Nebraska. It promises to be an exciting, hands-on get together. In addition to workshops and meetings, Kiwanians will get a chance to participate in two projects—helping to build a community playground and packaging meals for a local food-bank for starving children around the world. The keynote speaker at Saturday's Interclub Luncheon will be Jerry Traylor who is the only person to have jogged across America on crutches! He was honored by President Reagan, and recognized by Paul Harvey and Dr. Norman Vincent Peale for his inspirational efforts. Delegates will be voting to elect Kelly Steck-James as incoming Governor and Bert West as Governor-Elect. They will also vote on three proposed amendments, the most important of which is a

proposed District dues increase of \$15 per member per year. Be there or be square!

Friday, August 14

9:30 a.m. to 10:30 a.m. FORUMS (Friday, Set One)

- 1) Growth & Development: Achieving Club Excellence
- 2) KI Emphasis: Explore opportunities with Boys and Girls Clubs of America
- 3) Service Emphasis: "Kids Against Hunger"
- 4) Education: Club Leadership Training (Part 1)
- 5) RMDK Emphasis: "Stars of Tomorrow"
- 6) Open Q&A for Secretaries & Treasurers (limited space)

10:45 a.m. to 11:45 a.m. FORUMS (Friday, Set Two)

- 1) Growth & Development: Servant Leadership – the Kiwanis of tomorrow
- 2) RMDK: Risk Management – Is your club adequately insured? Background checks?
- 3) How to make the Member Experience "FUN"
- 4) Education: Club Leadership Training (Part 2)
- 5) RMDK Emphasis: Kiwanis Pediatric Trauma Institute
- 6) Monthly Reporting for Club Secretaries (limited space)

2:00 p.m. to 2:50 p.m. FORUMS (Friday, Set Three)

- 1) Growth & Development: Taking your club from good to great
- 2) SLP: Bridging the generation gap facilitated by the RMDK Key Clubbers
- 3) KI Emphasis: Young Children: Priority One
- 4) RMDK Foundation: Find out how the district foundation works
- 5) Education: Make technology your friend – Kiwanis Online Resources
- 6) Open Q&A for Secretaries & Treasurers (limited space)

3:00 p.m. to 3:50 p.m. FORUMS (Friday Set Four)

- 1) Growth & Development: Membership best practices – Close the back door.
- 2) Education: Adults working with youth; guidelines, responsibility and liability
- 3) Can Kiwanis survive without a gong, a song, and a prayer? Explore the options.
- 4) YCPO Emphasis: Dolly Parton Imagination Library (repeat Saturday)
- 5) SLP: Developing leaders for life – Key Leader, what's it all about
- 6) Monthly Reporting for Club Secretaries (limited space).

Saturday, August 15

9:15 a.m. to 10:15 a.m. FORUMS (Saturday, Set One)

- 1) Growth & Development: Membership as easy as 1-2-3
- 2) How to make the Member Experience "FUN"
- 3) Aktion Club Session with Jerry Traylor
- 4) Education: Club Leadership Training (Part 3)
- 5) YCPO Emphasis: Dolly Parton Imagination Library
- 6) Open Q&A for Secretaries & Treasurers (limited space)

10:30 a.m. to 11:30 a.m. FORUMS (Saturday, Set Two)

- 1) Growth & Development: High Impact Service
- 2) Open discussion of Service & Fundraising projects – bring ideas and successes to share
- 3) Aktion Club Conference
- 4) Education: Club Leadership Training (Part 4)
- 5) KI Emphasis: Children' Miracle Network
- 6) Monthly Reporting for Club Secretaries (limited space)

The on-line schedule and registration forms can be found at --
www.rmdkiwanis.com/RMD_90th_Annual_Convention.html